

investment

Over **£600k** of investment leveraged into the Nottingham and Nottinghamshire, dedicated to help the citizens of our region to become or remain physically active and improve health and wellbeing outcomes.

£213.7k awarded by **Sport England** for **Nottingham City** to help understand the system and facilitate collaborative working to **enable residents within communities to become or remain physically active.**

£118.k to support the development of school sport and physical activity in the county.

£125.8k to enable young people to get active through the young person's fund.

£40k for development of the workforce in Nottingham and Nottinghamshire

Supporting a collaborative insight programme across Nottinghamshire, Nottinghamshire County Council has awarded **£68k** and six district authorities have awarded a total of **£30k** from 9 April 2019 to March 2021.



£13.7k from The Royal Foundation from Sept 2018 to Aug 2019

for the **Nottingham Coach Core project** to give young people work experience required to enter the professional workforce.

£17.5k from **Local Improvement Scheme fund** from Nottinghamshire County Council annually to support the place-based delivery across Notts to **upskill volunteers**

2018-2019 Annual Review

Here is a snapshot of the year

workforce

8 vulnerable young people started on the **Coach Core Apprenticeship Programme** hosted in schools, community groups and professional clubs



Piloted a mentoring programme for coaches to test a new, more nurturing way of developing coaches in the workforce



Funded **5** mental health first aid training courses for a total of **33** participants in several areas and for different organisations across the city and county

211 attendees on **12** training courses in **safeguarding and first aid** across the city and county

→ Working differently to build relationships and capacity with new organisations from different sectors to upskill their workforce through the delivery of **6 inclusive Activity Programme training courses.** These courses were held in Highbury Hospital Bulwell, Millbrook Hospital Mansfield for ward staff, North Notts College, West Notts College for students and in Ashfield District Council and Rushcliffe Borough Council for their care home staff.



active notts

insight

Up to date data packs produced and shared with each local authority in Nottinghamshire and made available on the **Active Notts website.** These packs include data on **physical activity levels, health and demographic data**, and will help APT and partners to determine those in greatest need at a local level.



Over **70** people from over **40** different organisations attended a Disability Insight Conference on 20 March 2019. The conference helped connect people from different sectors and allowed them to find out about and discuss the opportunities available to people with **limiting illnesses and long-term conditions.**



ACTIVE LIVES SURVEY CHILDREN AND YOUNG PEOPLE

3,658 children in Nottinghamshire schools completed the Active Lives Children and Young People Survey

well connected, informed and supported



New format county physical activity awards successfully held in March to celebrate those who make the biggest contribution to community sport and physical activity.

Feedback showed the event raised awareness of our work and the role of physical activity in our communities.

Independent professionals were **recruited and inducted for the Active Notts Panel**. The group now meet regularly and are starting to influence the work of Active Notts and their wider professional networks.

4 funding information sessions delivered to community and voluntary sector organisations.



7 funding newsletters sent to **324** contacts at organisations across the city and county.

140 funding news alerts on the Active Notts website

activenotts.org.uk

88 community and voluntary organisations provided with funding advice and support



Supported all districts to create their local facility football plan with the FA. This will help to leverage future funding into Nottingham and Nottinghamshire

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right environment and right opportunities



Over **1,500** young people in total, across **11** sports, as participants or volunteer leaders, took part in the level 3 School Games events, which included **64** young leaders.

Successful **Winter level 3 School Games** in Nottinghamshire were held in February for primary and secondary students. Competitions included Handball, Sportshall Athletics, Inclusive Multi Sport Challenge and Motor Activities Training Programme for those with profound and complex needs.



Building on the support document distributed last year '**Primary PE and Sport Premium Guide 2017-2018**', this year '**Effective use of the Primary PE and Sport Premium – Good Practice Examples**' booklet has been produced.

130 head teachers and PE leads from Primary Schools attended the Nottinghamshire Primary PE and Sport Conference, organised by Active Notts in Nov 2018.

79 organisations supported in their work with young people in helping them to become/remain active through young people funding (satellite club funding)
people funding (satellite club funding)



strong system

Collaborative **physical inactivity insight programme** developed in Nottinghamshire with **Nottinghamshire County Council** and six district authorities which will lead to priority locations and actions being agreed for each district, based on up to date insight and community consultation, to meet the ambitions of the Nottinghamshire Health and Wellbeing strategy.

Adopted an advisory role in the childhood obesity trailblazer steering group, only one of five initiatives in the UK, which attracted over **£75,000** of funding into Nottinghamshire.